

MINUTES

CITY OF HUNTINGTON PARK HEALTH AND EDUCATION COMMISSION

Regular Meeting Tuesday, March 26, 2013 2:00 p.m.

Chairperson Herrera called the meeting to order at 2:13 p.m. Present: Commissioners Samuel Flores, Martha Walker, and Chair Victoria Herrera; Commissioner Dominguez arrived at 2:30 p.m. and Commissioner Martinez arrived at 2:45 p.m. Absent: None. Also Present: Housing and Community Development Manager Manuel Acosta and Senior Planner Albert Fontanez

Reorganization

Chairperson Herrera vacated her seat as Chairperson and Vice Chair Flores called for nominations for Chairperson. Motion by Commissioner Herrera, seconded by Commissioner Walker, to appoint Commissioner Flores as Chairperson. The motion carried.

Chairperson Flores called for nominations for Vice Chair. Motion by Commissioner Herrera, seconded by Chairperson Flores, to appoint Commissioner Walker as Vice Chair. The motion carried.

Minutes

None.

Public Appearances

Ms. Heidi Lopez, County of Los Angeles Public Health Nurse announced that "Walking School Bus" at Middleton Elementary would be held on April 5th and May 3rd and added that May 8th is "Bike to School Day." Ms. Lopez stated that Kaiser Permanente was sponsoring the May 8th "Bike to School Day" event and would be providing incentives for community participation.

New Business

A. Discussion and/or action regarding the City's "Healthy Kids Day" ("No Soda Day").

Following a discussion, the Commission and staff concurred to resume the "Healthy Kids Day" campaign in the next school year (September 2013) and to recommend to the City Council that it issue a proclamation in April or May designating the week of September 9-13, 2013 as "Healthy Drink Week."

It was concurred to do outreach for the "Healthy Drink Week" and to inform L.A. Unified School District Board Member Bennett Kaiser of the City's proposed activities to gain the School District's full support. Schools for campaigning will be selected based on California "FIT Test."

Ms. Heidi Lopez, Los Angeles Department of Public Health, committed to contacting the Latino community and the CCPHA (California Center for Public Health Advocacy) to conduct presentations at school assemblies on healthy eating and drinking.

Mr. Acosta stated that he would gather contact information of all the public schools in the City to determine which schools would be interested in active participation in the campaign as well as look into developing resources such as handouts and brochures for distribution. The target schools are: Pacific Boulevard Elementary, Gage Middle School, Middleton Street Elementary, Huntington Park High School, and Aspire Pacific Academy (at Pacific Blvd.)

The following steps will be taken in order to implement "Healthy Drink Week":

- 1. City Council Proclamation designating September 9-13, 2013 as "Healthy Drink Week.
- 2. Letters to schools.
- 3. Identifying resources in the community.
- 4. Conduct events at schools.

Vice Chair Walker and Commissioner Martinez volunteered to an Ad hoc Committee for the coordination and implementation of "Healthy Drink Week."

B. Discussion and/or action regarding the Health Fair.

Housing and Community Development Manager Manuel Acosta spoke regarding using the Salt Lake Park facility and join the Farmer's Market to conduct the Health Fair with the approval of the City Council. Mr. Acosta added that the date for the event was flexible, with a possible date in October or November.

<u>Unfinished Business, Discussion Items, or General Comments, Presented by Commissioners and/or Commission Liaison:</u>

None.

Subjects Presented By Staff

Ms. Heidi Lopez reported that the Middleton Street Elementary School Parent Center would spearhead the "Walking School Bus" campaign beginning on April 5, 2013.

Subjects presented by Commissioners

The Commissioners requested that City Manager Bobadilla be invited to the next meeting to discuss the role of the Commission.

Commissioner Herrera requested that the Commission discuss at the next meeting its support for the American Cancer Society "Relay for Life" event scheduled for June 22-23, 2013.

Commissioner Dominguez reported that the YMCA would have a grand opening of its Maywood facility at Heliotrope and Slauson Avenues, on May 6^{th} from 11:00 a.m. to 1:00 pm.

Commissioner Flores talked about "Market on Wheels" (healthy natural products) and the "Farmer's Market on Wheels."

Closed Session	
None.	
<u>Adjournment</u>	
There being no further busines 3:25 p.m. to Tuesday, May 28, 2013,	ss, Chairperson Flores adjourned the meeting at at 2:00 p.m.
Chairperson – Samuel Flores	Secretary